1. Before setting off from home

- Make Ghusl (full body wash)
- Trim your nails, and remove your pubic hair.
- Whatever Salah is due at the time of travel, ensure it has been prayed in full before setting off
- Read 2 rakaats of Travelling Salah before setting off
- When going out of your house/hotel, say:

  بِسْمِ اللَّهِ الرَّحْمَٰنِ الرَّحِيمِ، تَوَكَّلْتُ عَلَیْهِ وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ

  In the name of Allaah, I place my trust in Allaah, and there is no might nor power except with Allaah)
At a journey break, you may say:

أَغْوُدُ بِكُلُّمَاتِ اللَّهِ النَّهَامَاتِ
مِنْ شَرِّ مَا خَلَقَ

I take refuge in Allaah’s perfect words from the evil that He has created.

NB. During your journey keep yourself in the remembrance of Allah (make dhikr, make dua, read quran, read Islamic Book etc).

Remember this is the start of your journey to the House of Allah, and you have been given an invitation from Málik Al-Mulk

(Owner and King of all Kingdoms), so Praise and Glorify Him.

Allaah is the greatest x3, How perfect He is, The One Who has place this (transport) at our service, and we ourselves would not have been capable of that, and to our Lord if our final destiny.

Pass a ribbon or string to hang around neck
Once you are a traveller (having left your areas of residence), and the next Salah is due, you can combine and shorten them as this is a concession from Allah.

- Dhur (2 Rakaats) & Asr (2 Rakaats) together
- Maghrib (3 Rakaats) & Isha (2 Rakaats) together
- Read as many sunnah/nawafil as you like, there is no restriction.

2. Before passing the Meeqat – (the place where the Umrah starts, and one enters the state of Ihram)

- Men to get changed into their Ihram (2 pieces of white cloth), preferably after one of the 5 daily prayers
- Make niyyah (intention) for Umrah

Here I am O Allah making ‘Umraah

- Make the Talbiyah (men to raise their voices) and continue making the Talbiyah until you reach the Kaba and start your Tawaf

لَبِّيَّكَ َاللَّهُمَّ لَبِّيَّكَ، َلَبِّيَّكَ لَا شَرِيكَ لَكَ
لَبِّيَّكَ، أَنتَ الْحَمْدُ، وَ الْنِعْمَةُ، لَكَ وَ الْمُلْكُ،
لَا شَرِيكَ لَكَ

Here I am, O Allah, here I am. Here I am. You have no partner. Here I am. Surely all praise, grace and dominion is yours, and you have no partner.
3. Entering Masjid Al Haram - (in Makkah, Saudia Arabia)

- Enter with your right foot
- Make duaa of the Masjid


In the name of Allah! O Allah! Exalt the mention of your Messenger. O Allah! Forgive my sins, and open the gates of Your mercy for me.

4. Upon your first sight at Ka’bah for the first time, it is a Solemn state: Pray whatever comes to your heart

5. Tawaf (7 rounds around the Ka’bah) - You must be in Wudu (ablution)

Men to leave their right shoulder bare ONLY during the entire Tawaf, this is called Idtiba’a, after the tawaf men need to cover both shoulders.

Start at the Black Stone, either
- Kiss it if you can, if not
- Touch it with your right hand, if not
- Face the Black Stone and point at it with your right hand
- Say Bismillah, Allahu Akbar
All Glory is to Allah! All Praises is to Allah, There is none worthy of the worship but Allah. Allah is the Greatest. There is no power, nor strength except that from Allah, The Most High, The Greatest! Blessings and Peace be upon the Prophet of Allah, Muhammad (peace be upon him).

O Allah! By my faith in Thee, and by my belief in Thy Book, and in fulfillment of the vows I made to Thee and following the Sunnah of Thy beloved Prophet Muhammad (peace be upon him),

(I perform the Tawaf of Holy Kabah). O Allah, Truly I ask Thy forgiveness, and Thy protection, and everlasting fondness in Faith in this world and in Hereafter, and that I be granted Paradise and be freed from the fires of Hell. Our Lord! Grant us good in this world and good in the Hereafter, and save us from the chastisements of fire, and let us enter Paradise with the righteous ones. O Glorious One! O All Forgiving! O Lord of the Universe!
Second Circuit (Circle) Dua

O Allah! This House is Thy House, and this Sanctuary is thy Sanctuary and this security is thy security, and this slave is thy slave. I am Thy slave and the son of Thy slave. And this place is a refuge from the fires of Hell for him who seeks Thy protection, Forbid our flesh and our bodies to the Fire. O Allah! Endear to us the Faith, and adorn with it our hearts and make hateful to us disbelief, Wickedness and transgression, and cause us to be among those who are rightly guided.

O Allah! Protect me from Thy Punishment on the Day when Thou shalt resurrect Thy slave. O Allah! Allow me to enter Paradise without any accounting.

Our lord! Grant us good is this world good in the Hereafter, and save us from the chastisement of fire and allow us to enter Paradise with the righteous ones. O Glorious One! O All Forgiving! O Lord of the Universe!
O Allah Truly, I seek refuge in Thee from doubt and from associating with Thee others (in worship), and from discord, hypocrisy, and immorality, and from returning home to see my family and my children in evil state of affairs. O Allah! Truly I ask Thee for Thy pleasure and that I be allowed to enter Paradise. O Allah! I take refuge in Thee from falling from Thy grace in my grave and from the temptations in this life and trials at the time of death.

Our Lord! Grant us good in this world and good in the Hereafter, and save us from the chastisement of fire, and allow us to enter Paradise with the righteous ones. O Glorious One! O All Forgiving! O Lord of the Universe!
O Allah! Allow this pilgrimage to be accepted, and this endeavor to be rewarded, and my sins to be forgiven, and my good deeds to be approved and cause my business to flourish; O Thou, who knowest all that is in our hearts! O Allah Take me out of darkness into light. O Allah! I ask Thee, that I be worthy of Thy Mercy, and certain of Thy Forgiveness, and immune to all sins, and be worthy of rewards for all my virtues, and be worthy of entering Paradise and be immune from Hell. O my Lord! Make me content with what Thou hast bestowed upon me. And let Thy Blessing be with what Thou hast given me. And compensate all that I lack with Thy own favor.

Our Lord! Grant us good in this world and good in the Hereafter, and save us from the chastisement of fire, and allow us to enter Paradise with the righteous ones. O Glorious One! O All Forgiving! O Lord of the Universe!
O Allah! Bestow upon me the shade of Thy Throne on the Day when there shall be no shade except Thine. And there shall be no countenance except Thine. And allow me a drink from the cistern of Thy Prophet, Muhammad

\[ 
\text{ صلى الله عليه وسلم } 
\]

a drink so pleasant that it my quench my thirst for ever.

O Allah! I ask Thee the best of that Which Thy Prophet, our Master Muhammad

\[ 
\text{ صلى الله عليه وسلم } 
\]

has asked of Thee. And I seek refuge in Thee from in the evils from which Thy Prophet, Our master Muhammad

\[ 
\text{ صلى الله عليه وسلم } 
\]

has sought refuge in Thee. O Allah! Truly I Beseech Thee to grant me Paradise and its delights and whatever may bring me nearer to it whether by word, or by act, or by deed. And I seek refuge in Thee from the fires of Hell and whatever may bring me nearer to it whether by word, or by act or by deed.

Our Lord! Grant us good in this world and good in the hereafter, and save us from the chastisement of fire, and allow us to enter Paradise with the righteous ones. O Glorious One! O All Forgiving! O Lord of the Universe!
O Allah! Thou hast many claims on me in my relations to Thee, and many claims in my relations to Thy creatures. O Allah! Release me of those which I own to Thee, and give me the strength to bear those which I own to Thy creatures. Make me content with what Thou hast made lawful and enable me to reject what Thou hast declared forbidden. And make me content with obedience to Thee, and let me beware of disobeying Thee. And make me content with Thy favor so that I may not seek favor from anyone else, O Thou, whose Mercy is All Embracing. O Allah! Truly Thy House is Glorious and Thy countenance Benign, and Thou, O Allah! art Clement, Noble and Great. Thou lovest forgiveness so forgive me.

Our Lord! Grant us good in this world and good in the Hereafter, and save us from the chastisement of fire, and allow us to enter Paradise with the righteous ones. O Glorious One! O All forgiving! O Lord of the Universe!
O Allah! I Seek from Thee a faith that is perfect a conviction that is true, a heart that is full of devotion towards Thee, and a tongue that is forever engaged in Thy remembrance; and provision that are vast, lawful and clean and a repentance that is sincere: a repentance before death, peace at the time of death and Thy Benign Forgiveness and Mercy after death, and Thy pardon at the time of reckoning, and the reward of Paradise and a reprieve from the fires of Hell. Accept my prayers. O The Mighty One! O The Forgiver! O My Lord! Increase me in my knowledge and may I be counted among the righteous.

Our Lord, Grant us good in this world and good in the Hereafter, and save us from the chastisement of fire. And allow us to enter Paradise with the righteous ones. O Glorious One! O All Forgiving! O Lord of the Universe!
5. After Completing Tawaf, proceed to Maqaam-e Ibraheem - (Prophet Ibraheem’s station)

Recite this verse (which means):

And take you (people) the Maqaam (place) of Ibraheem as a place of Prayer. [Quran; 2:125]

- Pray two short Rak’ahs, as close as conveniently possible behind Maqaam-e Ibraheem. If it is not possible then you can pray them anywhere in the sacred mosque.
  - It is preferred to recite during the first Rak’ah (after Surah Al Fatiha), Surah Al-Kafiroon and
  - during the second Rak’ah (after Surah Al Fatiha) Surah Al-lkhlaas
6. Go to Zam Zam Wells

- Make duaa before drinking
- Drink Zam Zam water
- Pour water over your head
- Return to the Black Stone touch it with your right hand (as before), if it is not convenient do nothing, and proceed to do Sai.

7. Sai (7 circuits) - having wudu is highly recommended, but not compulsory

As you leave the boundary of the Masjid, you can say (as prescribed for all Masaajid):

In the name of Allah, and prayers and peace be upon the Messenger of Allaah. O Allaah, I ask You from Your favour. O Allaah, guard from the accursed devil.

بِسْمِ اللَّهِ وَالصَّلَاةُ وَالسَّلَامُ عَلَى رَسُولِ اللَّهِ، اللَّهُمَّ إِنِي أَسْأَلُكَ مِنَ فَضْلِكَ، اللَّهُمَّ أَغْصَمُبُ مِنْ النَّسْيَانِ الرَّجِيمِ.

In the name of Allah, and prayers and peace be upon the Messenger of Allaah. O Allaah, I ask You from Your favour. O Allaah, guard from the accursed devil.
Upon approaching Mount Safaa, the following ayat (verse) is recited

این الصفا والمرى من سرعاب إِنَّ حجَّ الیت أو أعترف فلا جناح عليه أن يُطوى بهما ومن تطوى خيرًا فإنَّ الله شاكر علیم

Verily, As-Safaa and Al-Marwah are from the symbols of Allaah. So it is not a sin on him who performs Hajj or ‘Umrah of the house (ka ‘bah) to perform the going (tawaaf) between them. And whoever does good voluntarily, then verily, Allaah is the All- Recognizer, All-Knower. [Quran; 2:158]

Then ascend upon Mount Safaa, face the Qiblah, raise your hands and recite 3 times:

أَبْدَعْ بِمَا بَدَا اللَّهُ بِهِ

I begin with what Allaah began with.

اللَّهُ أَكْبَرَ اللَّهُ أَكْبَرَ اللَّهُ أَكْبَرَ

Allaah is the Greatest, Allaah is the Greatest, Allaah is the Greatest.
Then you Praise Allah, Send Salaam upon Muhammad (sa) and then make as much personal Du’as as you like. Pray for anything from the goodness of this life and the next, pray for both yourself and others.

Then descend from Mount Safaa and go walking towards Mount Marwah

When you reach the green sign, men are to hasten their walk for a while, but do not run. Then return to your normal phase of walk at the next green sign.

Upon reaching Mount Marwah repeat the same procedure as when ascending Mount Safaa (face the Qibla, raise your hands and repeat what was said on Mount Safaa.) This completes one circuit.

Continue and complete in total 7 circuits, ending the last one on Mount Marwah.

Enjoy the process. You’ve come all this way, open your heart in glorification and Dua to Allah!

See duas on Page 33
NB. There are no particular supplications to be recited between Safaa and Marwah. It is up to the worshipper to praise Allah or supplicate Him in his own words, or he may recite portions of the Qur’an.

Suggested Duas please see page# 33

8. After Completing Sai, Trim/Cut the hair

It is recommended for men are to shave all their hair, but they can trim it all the way round

Women are to shorten their hair by a finger tip.

Now all Ihraam rules are lifted, and your Umrah is completed. May Allah accept your Umrah, Ameen!!
I seek forgiveness of Allah Who, there is no deity other than He, the Ever-Living the Self-Subsistent the Glorious and the Gracious. I turn unto Him (repentant)

In the name of Allah the Beneficent the Merciful O Allah! O Allah! O Allah! The Security, the Security the Security from the vanishment of the faith. O the Eternally Known! O the Eternally Obliging and O the Guide of those gone astray, Thee alone do we worship and of Thee (only) do we seek help. May Allah’s blessings be upon His best creation Mohammed and all his (pure) progeny.

All praise is due to Allah for every past bounty and every nature (bounty).
He is Allah There is no god. Save He: The Knower of the unseen and the seen He is the Beneficent The Most Merciful. He is Allah There is no god Save He: the king the Holy, the peace loving (the Bestower of) conviction. The Guardian (over all) the Ever-Prevalent. The Supreme, the Great Absolute! Hallowed is Allah from what they associate (with Him). He is Allah the Creator, the Maker, The Fashioner. His are all the Excellent names: Halloweth Him whatsoever is in the heavens the earth: and He is the Ever Prevalent the All-Wise

So Glory be to Allah when you enter evening and when you enter the morning, and for Him (alone) is all the praise in the heavens and the earth. At the sun’s decline and when you enter the noon.
#6

I bear witness that there is no deity but Allah He is alone and without any partner. He is (the only) Deity Single, Peerless and Independent. He neither took a wife nor begot any child.

#7

I beseech Allah (to grant me) Paradise and I seek protection of Allah from the (Hell) Fire: at this the Hell Says: O Allah grant him/her Protection.

#8

O our Lord ! accept (this service) from us, verily You and You (alone) are the Hearer, the Knower

#9

Our Lord ! grant us good in this world and good in the hereafter and save us from the torment of the Fire
10

We hear and obey, our Lord, grant us Thy forgiveness and to Thee is the end of all journeys.

11

Our Lord! do not lay on us a burden as Thou did lay upon those before us

12

Our Lord! surely we believe, therefore forgive us our faults and save us from the chastisement of the fire

13

Our Lord! surely we have heard a preacher calling to the faith, saying: Believe in your Lord, so we did believe
14

مَّنَّاكِنَّكِنَّ أَنْفَسْنَا وَإِنَّا لَمَّا تَعْفَرَ لَنَا
وَتَرَحِمْنَا لِتَكُونَنَّ مِنَ النَّحِيَنَّ

Our Lord! we have sinned against ourselves and unless You grant us forgiveness and bestow Your mercy upon us, we shall most certainly be lost

15

رَبَّنَا أَفْرَغْ عَلَيْنَا صَبْرًا وَتَوَقُّنَا مُسْلِمِينَ

Our Lord: Pour out upon us patience and cause us to die in submission

16

رَبِّ هُبْ لِي مِنَ الصَّلَحِينَ

My Lord! grant me (offspring) from the righteous

17

إِنَّا أَصَرَفْنَا عَنَا عَذَابَ جَهَنَّمَۚ إِنَّ عَذَابَهَا كَانَ غَرَامًا (۱۲)

O our Lord! turn away from us the punishment of Hell, surely the punishment thereof is a lasting. Surely it is an evil abode and (evil) place to stay

18

لا إِلَهَ إِلَّا أَنتَ سُبْحَانَكَ إِنَّكَ كُنتَ مِنَ الظَّلَمِينَ

There is no God but Thou, glory be to Thee, surely I am of those who make themselves to suffer loss
19

O my Lord! increase me in knowledge

20

O my Lord! forgive and have mercy and
Thou art the best of the Merciful ones

21

"MY LORD! surely I have wronged myself, forgive me"

22

O my Lord! Truly I am in need of whatever good
You bestow on me

23

Praise belongs to Allah who has removed all sorrow
from us. Indeed, our Lord is the Forgiver, the Multi-
plier of the rewards

24

O our Lord! forgive me and my parents and (all) the
believers on the day when the reckoning will be es-
tablished
25

My Lord! Build for me a home with You in Paradise

26

O my Lord! have compassion on them, as they brought me up (when I was) little

27

Our Lord! Grant us good in this world and good in the life to come and keep us safe from the torment of the Fire

28

10. Our Lord! Forgive us our sins and efface our bad deeds and take our souls in the company of the righteous.
29

Our Lord! Place us not among the people who have been guilty of evil doing.

30

Our Lord! Make them enter the Garden of Eden which You have promised to them, and to the righteous from among their fathers, their wives and their offspring, for verily You are alone the Almighty and the truly Wise.

31

Our Lord! In You we have placed our trust, and to You do we turn in repentance, for unto You is the end of all journeys.

32

Our Lord! Perfect our light for us and forgive us our sins, for verily You have power over all things.
Additional Duas

#1

Our Lord! Let not our hearts deviate (from the truth) after You have guided us, and grant us mercy from You. Truly, You are the Bestower.

#2

Our Lord! Forgive us and our brethren who have preceded us in Faith, and put not in our hearts any hatred against those who have believed. Our Lord! You are indeed full of Kindness, Most Merciful.

#3

Our Lord! Forgive us, our sins and expiate from us our evil deeds, and make us die (in a state of righteousness) along with (the pious and righteous).

Our Lord! Grant us what You promised unto us through your Messengers and disgrace us not on the Day of Resurrection, for You never go against (your) promise.

#4

O My Lord! Leave me not single (childless), and You are the Best of the inheritors.
#5

(S:28, a:24)

My Lord! Truly, I am in need of whatever good that You bestow on me.

#7

(S:23, a:29)

My Lord! Cause me to land at a blessed landing-place, for You are the Best of those who bring to land.

#6

(S:26, a:93 to 95, 87)

My Lord! Bestow religious knowledge, right judgement of the affairs and wisdom on me, and join me with the righteous.
And grant me an honourable mention in the latter generations. And make me one of the inheritors of the Paradise of Delight.
And disgrace me not on the Day when all will be resurrected.

#8

(S:46, a:15)

My Lord! Grant me the power and ability that I may be grateful for Your Favour which You bestowed upon me and upon my parents, and that I may do righteous good deeds, which may please You, and make my offspring good. Truly, I have turned to You in repentance, and truly, I am one of those submitting to Your Will.
Pass a ribbon or string to hang around neck

Our Lord! Let not our hearts deviate (from the truth) after You have guided us, and grant us mercy from You. Truly, You are the Bestower.

Our Lord! Forgive us, our sins and expiate from us our evil deeds, and make us die (in a state of righteousness) along with (the pious and righteous).

Our Lord! Grant us what You promised unto us through your Messengers and disgrace us not on the Day of Resurrection, for You never go against (your) promise.

Our Lord! Forgive us and our brethren who have preceded us in Faith, and put not in our hearts any hatred against those who have believed. Our Lord! You are indeed full of Kindness, Most Merciful.

() My Lord! Leave me not single (childless), and You are the Best of the inheritors.
Pass a ribbon or string to hang around neck

My Lord! Truly, I am in need of whatever good that You bestow on me.

My Lord! Bestow religious knowledge, right judgement of the affairs and wisdom on me, and join me with the righteous. And grant me an honourable mention in the latter generations. And make me one of the inheritors of the Paradise of Delight. And disgrace me not on the Day when all will be resurrected.

My Lord! Cause me to land at a blessed landing-place, for You are the Best of those who bring to land.

My Lord! Grant me the power and ability that I may be grateful for Your Favour which You bestowed upon me and upon my parents, and that I may do righteous good deeds, which may please You, and make my off spring good. Truly, I have turned to You in repentance, and truly, I am one of those submitting to Your Will.
Pass a ribbon or string to hang around neck

O my Lord! Open for me my chest (grant me self-confidence, contentment, and boldness). And ease my task for me. And loose the knot (the defect) from my tongue. That they may understand my speech.

Our Lord! Give us in this world that which is good and in the Hereafter that which is good, and save us from the torment of the Fire!

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Our Lord! Avert from us the torment of Hell. Verily its torment is ever (an inseparable) a permanent punishment. Evil indeed it (Hell) is as an abode and as a place to rest in.

Our Lord! We have wronged ourselves. If You forgive us not, and bestow not upon us Your Mercy, we shall certainly be one of the losers.

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(S:28, a:25 to 28)

(S:25, a:65, 66)

(S:2, a:261)

(S:7, a:23)
<table>
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<tr>
<td>21</td>
<td>Our Lord! Pour forth on us patience, and set firm our feet and make us victorious over the disbelieving people. (S:2, a:252)</td>
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<tr>
<td>22</td>
<td>Our Lord! Bestow on us mercy from Yourself, and facilitate for us our affairs in the right way. (S:18, a:10)</td>
</tr>
<tr>
<td>23</td>
<td>Our Lord! Make us not a trial for the folk who are wrong doers And save us by Your Mercy from the disbelieving folk. (S:10, a:85, 86)</td>
</tr>
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Now all Ihraam rules are all lifted and your Umrah is completed. May Allah accept your Umrah, Ameen.

Please pray for Sheikh Ghulam Mohyuddin as Sadaqa e Jaria

www.umrahduas.org/